

Lessons from the Long Paddock: Dawn's Story

Diocese of Wilcannia-Forbes

**You are invited to create community online as we gather to
share and grow faith.**

How to Prepare and Run a Session:

Read *Saturday Sessions 'How To' Guide* for information how to host a Saturday Session.
This is available at <https://thewell.org.au/video/saturday-sessions-how-to-guide/>

Presentation:

Lessons from the Long Paddock: Dawn's Story
Diocese of Wilcannia-Forbes
2017 (Video approx. 20 mins)

Please watch the video at: <https://www.youtube.com/watch?v=TI7c4fkXEhE>

About the Presenter:

Meet Bishop Columba and Kate Englebrecht as they introduce you to the Diocese and to Lessons from the Long Paddock. Dawn is an Aboriginal woman from Bourke and her story is reflected upon in the first segment. Kate leads a reflection after it on some themes relevant to the spiritual life.

Read some extra resources or see more episodes at
<https://www.wf.catholic.org.au/mission-services/faith-formation/lessons-from-the-long-paddock-2017/>

SATURDAY SESSIONS

GROW & SHARE FAITH



Questions to Ponder:

1. What are your thoughts on the statement "we are all called to be mystics"?
2. How do you define/view spirituality?
3. How would you have defined 'a healthy spiritual life' before you heard this talk? Did that definition change after you heard the talk? How would you define 'a healthy spiritual life' now?
4. Kate Englebrecht spoke about the key markers/signposts of a healthy spiritual life. Did any of them speak to you more strongly than another?
5. Would you add any other signposts/markers to the ones listed by Kate Englebrecht?
6. What would be your one takeaway from this talk?
7. What would be one change (if any) you would make to your spiritual practices after listening to this talk?
8. How will you continue to live/express your spirituality through action?

Further Support:

If you would like further support to bring to life a Saturday Session, or Wednesday Wisdom or Tuesday Thinktank (the name can be changed), please contact Lisa at the Pastoral Planning Office at lisa.bright@parracatholic.org

For information about Zoom please contact the Pastoral Planning Office or you can watch a Zoom tutorial at <https://support.zoom.us/hc/en-us/articles/201362033-Getting-Started-on-Windows-and-Mac>

The Pastoral Planning Office thanks you for your enduring faith, hope, love and commitment as we venture into the deep. We pray that you experience the peace and grace that our God offers and can be an ambassador of Christ's hope and peace to those you encounter and accompany.

Please contact the Pastoral Planning Office for support in all areas of pastoral ministry.

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