

CONNIE'S CRAFT CORNER

LENT IN A BAG: AN ACTIVITY FOR CHURCH OR HOME

www.buildfaith.org/lent-in-a-bag



Materials needed

- Sand
- Rock
- Clothes peg or wooden figure
- Candle

SAND

Place inside the bag in a sealable baggie. Include the following (or similar) reflection:

“Just between his baptism and the beginning of his adult ministry, Jesus went into the wilderness for 40 days, ‘to be tested’. What constitutes wilderness in your life?

What have you learned there? What might you learn there?”

ROCK

Place inside the bag. Include the following (or similar) reflection:

“While in the wilderness, Jesus was invited to transform stone into bread. Though he resisted the temptation there and then, he became justly renowned for feeding people who were hungry for food, or for love, or for a word of encouragement, or for simple acceptance.

Might there be a stony place in you that needs transforming? Some attitude or habit that, with a little attention, might even become a gift for you and others?”

CANDLE

Place inside the bag. Include the following (or similar) reflection:

“Lent in Australia begins in late summer and ends in autumn. Jesus is, according to John’s gospel, ‘Light of the world’ and that Light, directing his attention to his disciples and through them to us, insists: ‘You are the light of the world. Don’t be hiding under some bushel basket.’

So where do you shine? How do you keep your light lit?”

HUMAN FIGURE

Use a clothes peg or wooden figure. Place inside the bag with the following (or similar) reflection:

“Because Jesus was, as we confess, fully human, he gets us, understands us from inside our skin, and knows from experience that we’re each capable of great things, Godly things. And no matter what we do, he keeps on inviting us to join us in his work which has become our own.

As you enter this Lent, what might you plan to do over these 40 days so that the Easter you will more closely reflect you and the Christ who lives in and through you?”