



### LIFTED Sports Day 2026

If a participant is 15 years of age and under, parents/guardians need to complete the following form and submit to [Hannah.Portelli@parracatholic.org](mailto:Hannah.Portelli@parracatholic.org) by April 10. During LIFTED Sports Day, they must be accompanied and supervised by a registered adult who is over 18 years of age.

I, \_\_\_\_\_ give permission for my son/daughter to attend the LIFTED Sports Day on 19 April 2026.

LIFTED Sports Day involves participation in basketball, soccer, volleyball, and Oztag with other young people aged 14-35. I understand the nature and risks of the activities and give permission for my child to participate.

NAME OF PARTICIPANT: \_\_\_\_\_ AGE: \_\_\_\_\_

PARISH/GROUP: \_\_\_\_\_

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_

EMERGENCY CONTACT NUMBER: \_\_\_\_\_

I indicate below the name of an adult over 18 years of age who is registered and will accompany and supervise my son/daughter.

NAME OF ADULT: \_\_\_\_\_

PARISH/GROUP: \_\_\_\_\_

POSITION HELD: \_\_\_\_\_

CONTACT NUMBER: \_\_\_\_\_