

WYD27 Pilgrimage – Medical & Wellbeing Assessment

Aspiring Pilgrim:	
Date of Birth:	
GP/ Medical Practitioner:	
Practice:	
Date of Assessment:	

Purpose of this Assessment

The Diocese of Parramatta is seeking to ensure that aspiring pilgrims are appropriately prepared and able to participate safely in the WYD27 Pilgrimage to Seoul, South Korea.

The pilgrimage is expected to involve a range of physical, emotional and psychological demands, which may include:

- prolonged periods of walking and standing, including approximately 10–25 km of walking on some days;
- large crowds and busy public environments;
- international air travel and time-zone changes;
- navigating unfamiliar environments and a predominantly non-English-speaking country;
- variable weather and exposure to heat;
- periods of fatigue, reduced rest and changes to normal routines;
- participation in a large-scale international event;
- extended periods away from home, family and usual support networks; and
- the general physical, emotional and psychological demands associated with pilgrimage.

The purpose of this assessment is not to request a detailed medical history or diagnosis. Rather, the Diocese is seeking your professional opinion as to whether the aspiring pilgrim is medically and psychologically suitable to participate, and whether any reasonable considerations or supports should be taken into account.

Physical capacity

Based on your clinical knowledge of the aspiring pilgrim:

In your professional opinion, is the aspiring pilgrim medically capable of undertaking the anticipated physical demands of the pilgrimage, including prolonged walking and standing and approximately 10–20 km of walking on some days?

- ☐ Yes
- ☐ Yes, with the considerations/recommendations outlined below
- ☐ Further assessment is required
- ☐ No, they are not currently medically suitable

Comments/recommendations (if applicable):





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Medical conditions and ongoing management

Are there any known medical conditions, physical limitations or health considerations that may affect the aspiring pilgrim's ability to participate safely in the pilgrimage?

- ☐ No
☐ Yes – please provide relevant recommendations below

Relevant considerations/recommendations:

Medication, allergies and self-management

In your professional opinion, is the aspiring pilgrim able to independently manage their medications, allergies and other routine medical needs, and safely manage any medication- or treatment-related considerations, while travelling overseas and participating in the pilgrimage?

- ☐ Yes
☐ Yes, with the considerations/recommendations outlined below
☐ No / additional support will be required

Relevant considerations/recommendations:

Emotional and psychological wellbeing

The pilgrimage may involve large crowds, unfamiliar environments, international travel, changes to routine, fatigue, periods of heightened activity and extended periods away from usual support networks.

Based on your clinical knowledge of the aspiring pilgrim, are there any known emotional or psychological factors that may significantly affect their ability to safely and appropriately participate in these circumstances?

- ☐ No
☐ Yes – please provide relevant recommendations or considerations below
☐ Further assessment is required before a recommendation can be made

Relevant considerations/recommendations:



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Overall medical and wellbeing recommendation

Having considered the anticipated physical, emotional and psychological demands of the WYD27 Pilgrimage, and based on your clinical assessment and knowledge of the aspiring pilgrim:

I consider the aspiring pilgrim to be:

- ☐ Suitable to participate
- ☐ Suitable to participate, with the considerations/recommendations outlined in this assessment
- ☐ Further assessment or information is required before suitability can be determined
- ☐ Not currently suitable to participate

Additional recommendations for the Diocese of Parramatta to consider in supporting the aspiring pilgrim during the pilgrimage:

Medical Practitioner Declaration

I confirm that I have assessed the above aspiring pilgrim and have provided my professional opinion regarding their suitability to participate in the anticipated physical, emotional and psychological demands of the WYD27 Pilgrimage. I understand that this assessment is being provided to the Diocese of Parramatta for the purpose of assessing the aspiring pilgrim's suitability for participation in the WYD27 Pilgrimage and assisting with the appropriate planning and support of pilgrims.

Medical Practitioner Name: _____

Provider Number: _____

Signature: _____

Date: _____

Applicant Acknowledgement

I understand that this assessment will be provided to the Diocese of Parramatta for the purpose outlined above. I consent to the collection and use of the information contained in this assessment in accordance with the Diocese of Parramatta's Privacy Policy.

Applicant Name: _____

Signature: _____

Date: _____